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Bailey Wasdal, left, and Jeshrun Antwi helped steer the MCLA Laserwolves to a Calgary high-school football city championship over the weekend, marking a high point for a first-of-its-kind program that combines students from Bishop McNally, like Wasdal, with those from Father Lacombe, like Antwi. JEREMY NOLAIS/METRO

## Schools join forces and win city title

#### Rags to riches.

Football programs at Lacombe, McNally nearly collapsed



**NOLAIS** 

Nine years ago, football was a foreign concept to most students at Calgary's Bishop Mc-Nally and Father Lacombe high schools.

This past weekend, athletes from the usually rival athletics programs stood side-by-side and raised the Division 2 City Championship trophy over their heads.

"It was great — we're all friends during football," said quarterback Bailey Wasdal, who capped off his Grade 12 gridiron year in style, steering the Laserwolves to a 45-21 victory over previously unbeaten Ernest Manning.

But long before the joy of a championship came much struggle just to keep the football programs alive.

It took a group of coaches with an undying love of the game to come up with something not previously tried in Calgary's high-school football ranks, agreeing to combine Lacombe's dwindling footballers with an only slightly more healthy program at McNally.

At first, there were only enough players between the two schools to field a senior team that lacked proper training equipment and had one small bus to get athletes to practices, said current program coach Matt Sauer.

Even as support grew, athletes with the newly formed junior program had to share jerseys with their senior peers, leading to long nights of laundry for the coaches of what came to be known as MCLA.

But Sauer said it was worth it for the more than 20 coaches now involved in the program, including some from the surrounding community who volunteered

MCLA also received a helping hand from The Big Give Project, a program created by

friends and community dogooders Adam Woodward and Dave Wilder that provides funding to city school sporting programs. As a reward for their accomplishments, Woodward is buying all the MCLA athletes tickets to this weekend's CFL Western Final.

When the celebrations die down, the schools will go back to being rivals until it's time to break out the football pads next spring.

Jeshrun Antwi, a Grade 11 student from Lacombe who started for MCLA at slotback, said he will soon be preparing to battle the Wolves on the basketball court, but didn't hesitate when asked if he will return to the Laserwolves next

"We're really appreciative of what these coaches have done ... it makes it very sweet," he said. "Hopefully next year we are going to repeat, defend that championship."

Follow Jeremy Nolais on Twitter @Metro Nolais

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#### Bill on hold

#### Griffiths sorry for regional planning fiasco

Alberta Municipal Affairs Minister Doug Griffiths apologized publicly Wednesday to rural politicians for the fiasco around his bill to reorganize regional planning.

"There has been so much misinformation about Bill 28, and I take full responsibility for that," he said in a speech to the Alberta Association of Municipal Districts and Counties.

Griffiths made the comments two weeks after he put the brakes on the bill, announcing it would not proceed without further consultation from municipal and county leaders.

Opposition parties labelled the bill a naked power grab by the province. THE CANADIAN PRESS

#### Deadly disease

#### Zoocheck official sounds warning about Calgary Zoo

The deadly fungal disease that's claimed three penguins at the Calgary Zoo this year has the potential to spread throughout the entire colony, says an official with an anti-captivity organization.

Houdini, a 14-year-old Gentoo, succumbed to aspergillosis this week. Seven other white-striped birds show signs of having the respiratory disease.

"I can tell you that entire captive penguin colonies have been wiped out by it," Zoocheck director Peter Barry McKay said Wednesday. BRYAN WEISMILLER/METRO



# We need to stockpile some busing funds: CBE

#### Money saved.

Students often not claiming Calgary Transit rebate



NOLAIS jeremy.nolais@metronews.c

Calgary's public school board says it's kicking in more than \$2 million this year in reserve funds to help cover busing costs, but critics say every extra dollar the organization has should go towards cutting parents a break.

The Calgary Board of Education said a year ago that a surprise grant from the provincial government was the primary reason they banked \$2.8 million in a transportation reserve even as parents with kids both riding the bus to school and eating lunch there were required to pay \$80 more per child.

This year, however, parent fees stayed flat and Brad Grundy, CBE acting superintendent and chief financial officer, said officials dipped into the fund — a move required by provincial legislation within two years of a reserve being built up — but chose not to use all the excess cash, keeping \$600,000 in anticipation of potential struggles ahead.

"We don't want to cut it too fine — we want to give ourselves a little bit of room because there's a lot of variables in that bucket," he said. But the board also banked hundreds of thousands of dollars worth of busing rebates. Students that ride Calgary Transit to school fork out the full cost for a monthly pass upfront but then receive some of that money back.

Grundy said the lack of funds being recouped by students surpassed expectations, leaving \$1.5 million total in the transportation reserve even after it is dipped into this year.

But parents like Orlean Muirhead, a staunch opponent of charging transportation fees to students who travel to their designated school, said every cent should be spent annually to keep costs as low as possible for parents.

"If they've got resources available to them I don't know

why they need a cushion," she said.

Grundy countered that it's difficult to project how much money will be in the reserve when creating an annual budget in the spring for the following school year. He said legislation requires the reserve money only be put towards busing costs in coming years.

Jeff Bowes with the Calgary Association of Parents and School Councils said if the board's reserve holds up, a serious look should be given at cutting parents a break in the 2014-15 school year.

"If what they're cushioning for doesn't come to be — they have a surplus again — they should be revisiting the issue and looking at reducing (fees) then," he said.



metr⊕ metronews.ca Thursday, November 14, 2013

# Calgary expecting 12% jump in parking revenue for 2014

\$3M more, plus a new way to pay. CPA also plans to upgrade its mobile app, allow customers to reload their ParkPlus accounts from their phones



**ROBSON** etcher@metronews.ca

Calgary Parking Authority expects to contribute \$3 million more to city coffers in 2014 than previously budgeted, while also introducing a new way for customers to pay for parking by mobile phone.

The projected jump in revenue is due to increased parking activity and the addition of new on-street parking spaces, according to CPA acting general manager Wes

"Over the past year, working with the traffic department at the city, we've provided about another 150 spaces in the downtown core and Beltline, mostly," he said. These are spaces that might have been a no-stopping area for traffic reasons, but in mid-

day we can change it over."

As a result, the parking authority's target contribution to the City of Calgary for 2014 increased by 12 per cent under proposed budget adjustments due at city council at the end of the month.

Hogman said CPA also plans to upgrade its mobile app next year as well, enabling customers to reload funds to their ParkPlus accounts directly from their mobile phones, rather than using a web browser.

"It's basically the No. 1 request we have from people that use the app," he said.

Chris Harper was one such customer, and he was delight-

**Budgeted CPA contributions** to City of Calgary

- **Previous targets** 2013: \$25.3 million 2014: \$24.4 million
- New targets 2013: \$27.2 million 2014: \$27.4 million

ed to learn Wednesday that the feature would be added.

"I use the app because it's easier than using the terminals," Harper said. "The challenge is when you use the app and you have a low balance on your ParkPlus account, there's really no way in the app to recharge your account.

Hogman said the app upgrade is still in "early stages" and should be rolled out sometime next year.



#### SE ring road project 'very close' to completion



Calgary's southeast ring road lead contractor insists it's "very, very close" to completing the final stretch of the major freeway.

Despite some rosy projections, however, the longpast-due project appears destined to stretch into next week.

Dale Woodroffe, CEO of Chinook Roads Partnership, said Wednesday crews were making minor tweaks highlighted in a safety review.

"We're pushing very hard for (Nov. 15) and it may be a quiet opening or it may be next week early in the week but it's very, very close," Woodroffe told

Transportation has the final call on opening the road, and that comes after a thirdparty safety auditor has test-driven the road under varying driving circumstances and has certified it to be safe for thousands of commuters.

Woodroffe suggested final "geometric some data" will soon be sent to the province, thereby triggering the maximum 10-day period for provincial review. That review could further thwart the road from opening, however, if more concerns are raised.

"They have most of the data but there's still some missing and I think we're sending it this after-Woodroffe said on Wednesday.

But early Wednesday evening, transportation spokesman Parker Hogan cited more paving and line painting as things that still needed to be done.

Hogan paraphrased his boss, Transportation Min-ister Ric McIver, in providing his assessment of the \$769-million project, which the construction firm was contractually required to finish by Oct. 1.

"You're either there or you're not," he said. "And right now we're still not." BRYAN WEISMILLER/METRO

Chinook Roads is to be charged roughly \$70,000 in late fees for each day the project is delayed after Oct. 1. That tally has now surpassed \$3 million.

- The project adds 25 kilometres of six-lane roadway along Calgary's eastern edge.
- The contractor has attributed the delays to challenges created by late-spring snowfalls and frequent rainfall.

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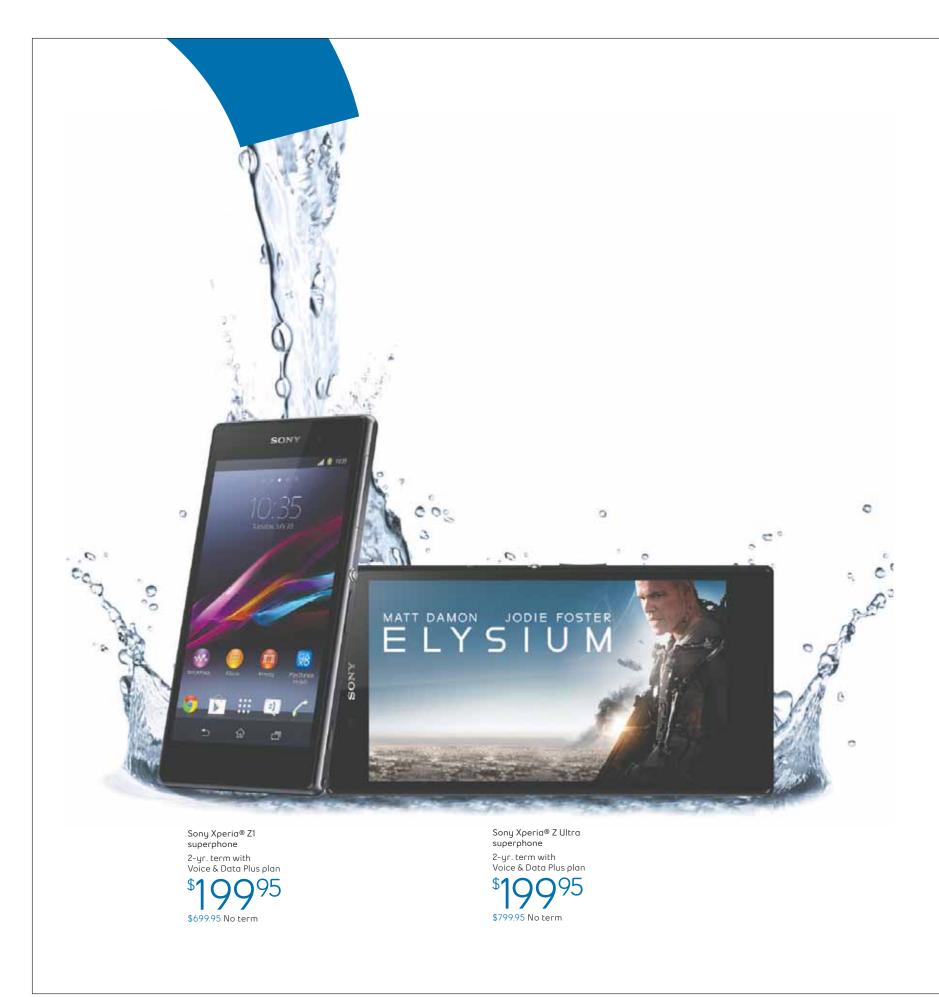
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#### Oh yah? Yah!

#### Calling all cars: Be on the lookout for filming of Fargo TV show

American-style cop cars have invaded Calgary this week as filming gets underway on the smallscreen adaptation of the acclaimed 1996 movie Fargo.

Police are alerting Calgarians that the foreign squad cars will likely be spotted around the city over the next six months.

The vehicles appear as though they're from the Minnesota area — specifically from the police forces in Bemidji and Duluth

"We are aware of the production, who are working in co-operation with the Calgary Economic Development Film Office," the Calgary Police Service announced via social media.

The 10-episode miniseries is based on the Oscar-nominated crime film of the same name.



The movie plot revolved around a pregnant homicide investigator and a cash-strapped Minneapolis car salesman who become entangled in a ransom plot.

The cast of the TV series includes bad-boy actor Billy Bob Thornton, starlet Kate Walsh and Bob Odenkirk of Breaking Bad fame.

Joel and Ethan Coen, who produced and directed the 1996 film, are executive producers on the new TV project. Officials involved

Officials involved with the filming told Metro they were busy filming on Wednesday, but details were expected to be released in upcoming weeks.

# More join chorus of criticism of controversial condoms

Simple joke? Creators steadfastly defend 'Anonymously get inside' slogan amid calls to have their Facebook page taken down



Criticism of a slogan written on condoms that a group of Mount Royal University students planned to distribute swelled Wednesday, with some even suggesting the creators' Facebook page be shut down.

The administrators behind the MRU Confessions page came up with the message "Anonymously get inside," claiming it was purely a joke and a play on their connection to the Anonymous protest movement.

But critics aren't laugh-

ing, claiming in some cases that the vague slogan condones rape.

"It's cruel, it's not a joke ... they should remove their post on Facebook — they should actually take down their page on Facebook," said Aime Hutton, a past victim of dating abuse and stalking who is now an internationally renowned author and serves as teen ambasador for the Freedom and Empowerment Campaign Against Dating Violence.

On Tuesday, students, faculty and even Mount Royal's president said they were angry or disheartened by the slogan. The administrators of the Facebook page declined to provide their names, but one said in an interview that they should have thought things through, and intended to solicit a new slogan from one of the page's more than 6,900 followers.

In messages to Metro, one of the anonymous moderators also said the page has done some students a world

#### Quoted

"We're standing by our stance that we will not apologize for someone else's interpretation of something that can go both ways."

"admin1," a moderator of the MRU Confessions Facebook page

of good, serving as a meeting place to find support through struggles with depression and other personal issues

But critics like Hutton were quick to point out other examples on the page where the administrators appeared to defend their actions or ridicule their opponents.

"Hey guys the Calgary Tower looks like a giant penis, which is a testament against female rights and how males are always dominant," one wrote Sunday evening. "Let's start a petition, let's put these sick A-holes



Aime Hutton, a past victim of dating abuse and stalking, said the message put forth by a group of students at Mount Royal University is clear evidence that not everyone takes the consequences of sexual and relationship violence seriously. CONTRIBUTED BY AIME HUTTON

on the news, let's ban the Calgary Tower."

Members of the Conser

Awareness and Sexual Education Club, formed at the nearby University of Calgary, also issued a statement condemning the slogan



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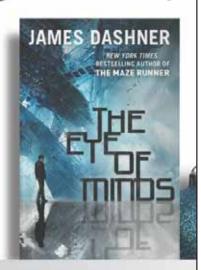
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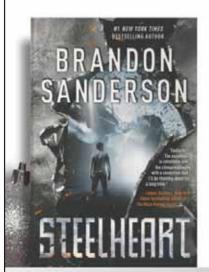
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## Turning up the heat and feeding the homeless

**New ovens.** Donations helped city's largest shelter get cooking tools

**GLENN** KELLY

The Calgary Drop-In and Rehab Centre is planning on cooking up a storm to feed the homeless as they unveiled two new Rational convection ovens during a ribbon-cutting ceremony Wednesday even-

Clients, volunteers and donors were treated to a supper of shepherd's pie with gravy from the new ovens, with more than 1,300 meals being served for the inaugural supper.

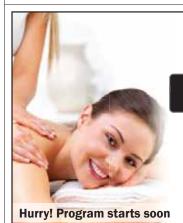
The range of ranges was purchased with \$100,000 donated by various Calgary organizations and businesses including the Lions Club of Calgary Mountainview, First Energy Capital, and Devon Canada Corporation.

Drop-In executive direc-

tor Debbie Newman said the ovens will help play a major part in making sure Calgary's homeless don't go hungry this winter.

"Obviously food is a staple and we all need to eat," Newman said. "As the largest shelter in Canada, we see more than 3,000 people come to us for each meal. With the ovens we're able to produce nutritious meals quicker and get food as quickly out to people who are in need."

The centre serves roughly 1 million meals every year.





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NEWS
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# French mag's cover sparks racism probe



ened a racism investigation after a far-right magazine cover compared

ra to a monkey. Christophe ena/the associates press

**Black minister.**Publication refers to Christiane Taubira as 'crafty as a monkey'

The French government has opened a racism investigation after a far-right magazine compared the country's black justice minister to a monkey on its cover.

In a statement Wednesday, Prime Minister Jean-Marc Ayrault said he had brought Minute magazine to the attention of the Paris prosecutor, citing French law that forbids racist abuse.

The magazine's cover of Justice Minister Christiane Taubira says "Crafty as a monkey, Taubira gets her banana back."

Helene Valette, a spokeswoman for the magazine, said the cover was satire and accused the government of trying to distract the French from the country's real problems.

"Banana" can also mean smile in French slang.

"It's a front page with a play on words. There's nothing mean about it," Valette said.

THE ASSOCIATED PRESS

# Locked in a gym bag, in a bathtub ... accidentally?

More than three years after the naked, decomposing body of British spy Gareth Williams was discovered stuffed inside a locked gym bag at the bottom of his bathtub, the mystery over his bizarre death lingers.

London's Metropolitan Police said Wednesday that their investigation had found that Williams likely died in an accident with no one else involved. But the tentative conclusion, which the police hedged by acknowledging many gaps haven't been filled in, is unlikely to calm conspiracy theories surrounding the case.

Metropolitan Police Deputy Assistant Commissioner Martin Hewitt said Williams, whose remains were discovered in August 2010, was "most probably"



killed in an accident, a verdict that conflicts with a coroner's inquest that concluded last year that Williams was probably killed by another person in a "criminally meditated act

Some have raised the possibility that Williams locked himself in the bag as part of a sex act gone wrong — a Houdini-like art of wriggling out of restraints. Investigators found that he had visited bondage and sadomasochism websites, including some related to claustrophilia — a desire for confinement in enclosed spaces.

However, police couldn't find Williams' DNA on the lock, palm prints on the rim of the bath, or footprints in the bath-room itself. The coroner, Fiona Wilcox, noted that if Williams had been "carrying out some kind of peculiar experiment, he wouldn't care if he left any foot or fingerprints."

THE ASSOCIATED PRESS

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# Drugs, booze, drunk driving and now ... sex

Rob Ford's day of shame. Just-released court document contains stunning claim about Toronto mayor and 'prostitutes'

A bombshell court document, released Wednesday suggests people close to disgraced Toronto Mayor Rob Ford were concerned about his use of drugs and drunk driving.

But for the first time in the scandal it raises the issue of ... sex.

The document reveals the aides were even worried about the presence of suspected "prostitutes" in the mayor's office.

The previously censored information comes from po-

lice interviews with former staffers of the mayor — in a document that contains allegations not proven in court.

Several of the staffers' allegations centre on the night of St. Patrick's Day last year, where a former staffer told police he saw Ford with another staffer, a friend and a young blond woman named Alana who he thought was "an escort or a prostitute."

The same woman had been seen with Ford at a stag party, ex-staffer Isaac Ransom told police.

Ransom told police Ford was drinking from a 40-ounce bottle of Smirnoff vodka and by the time he arrived at the mayor's office that night around 9 p.m. half of it was gone.

"Mayor Ford was totally out of it and had obviously been drinking," the police document quotes Ransom as saying.

Ford wanted to "smoke narcotics" with Alana and his friend but his staffers stopped him, Ransom told police.

Ford went to a bar and a friend of Alana's showed up, Ransom said.

"When he got up to leave he decided he wanted to go to the dance floor, so he went over, stumbled around the dance floor and fell down," the police quote Ransom as saying.

Another staffer, Chris Fickel, told police he heard that the mayor went back to city hall with three staffers, a friend and "two females that may have been prostitutes."

The mayor then started "crying uncontrollably," assaulted one staffer, pushed another and drove himself home. THE CANADIAN PRESS







#### Ford-speal

Rob Ford faced off with Toronto city council during a heated debate on a motion urging him to take a leave of absence. Here are some of the Toronto mayor's quotes from the meeting:

#### "Yes. I have."

after being asked whether he'd purchased illegal drugs in the last two years. Ford has been mayor of Toronto since October 2010

"The reason I drank or did drugs was not out of stress, it was out of sheer stupidity."

after a councillor asked him whether he recognizes that some of his behaviour points to an addiction problem

"I work with youth day in and day out and I've changed these kids' lives. I'm a positive role model."

when asked whether his decision not to co-operate with police sets a bad example. He said he was not talking to police on the advice of his lawyer

"I understand the embarrassment that I've caused every resident in this city."

saying his "mistakes" were of a personal nature

#### "I really effed up and that's it."

at the end of the debate

#### Keep up-to-date

Follow the Toronto scandal that has captured the attention of people all over the world

 For the latest updates, visit metronews.ca



#### A dramatic day in the life of a scandal

Rob Ford admitted for the first time to buying illegal drugs while in office.

- Vote. During an internationally televised meeting, Toronto city council voted overwhelmingly to have the mayor take a leave of absence.
- Contrition. "I really effed up," Ford said as the oftenheated debate ended. "Apologizing and saying

you're sorry, you can only say that so many times."

- Next move? The 37-5 motion, however, was nonbinding, but its sponsor has said he would ask the province to step in if Ford failed to heed council's wishes.
- Counter-move. Just before the vote, Ford failed to introduce a motion that would have forced all

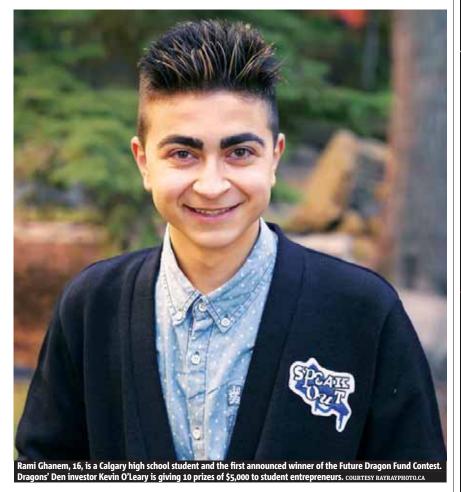
councillors to undergo drug testing. The speaker ruled it out of order.

- Defiance. Ford repeated he would not resign or step aside to seek help. The "few isolated incidents" of substance abuse were due to "sheer stupidity" rather than addiction, Ford said.
- Protesters. Outside city hall, hundreds rallied and called on Ford to resian.





metronews.ca Thursday, November 14, 2013 **NEWS** 



# Calgary student gets \$5K Dragon boost for app

**Future Dragon Fund Contest.** Idea for more efficient punch clock intriques Kevin O'Leary

It took just 16 months of working at a Tim Hortons for Calgary high school student Rami Ghanem to come up with an award-winning idea for efficiency.

Thanks to a \$5,000 cheque from Dragons' Den heavyweight Kevin O'Leary, Ghanem's idea for a modern method of employee check-in may soon appear in fast food franchises everywhere.

On Tuesday, the 16-yearold was announced as the first of 10 winners in the Future Dragon Fund Contest, a search for student entrepreneurs by O'Leary and the

popular reality show on CBC.

"I was going to scream and shout but I had to calm down because I was on my way to bio class," Ghanem said, reflecting on the moment he got the news last week.

The teenager's video entry was among hundreds received by the show after the contest was announced in

When he first got the parttime job at Tim Hortons in late 2011, Ghanem noticed a bulky machine at the back.

At first, he didn't know what it was for. He soon discovered it was where employees punched in for their

They found their name on a list, entered a PIN, then had to confirm twice that they wanted to clock in.

"It came to me that there needs to be something better,

#### Who is Rami Ghanem?

The Grade 11 student at Lester B. Pearson High School is in an advanced baccalaureate program and lives with his parents and younger brother and sister.

faster and more responsive, he said. "I wanted to make something like an iPad app that would allow employees to clock in and out using facial and voice recognition."

If he can make his vision a reality, employees will stand in front of a screen that will automatically pull up their profile.

"The \$5,000 from Kevin will allow me to jumpstart it into developing the app," he

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Thursday, November 14, 2013

# Dennis Oland. Family stands by son accused of killing businessman dad

Members of a leading business family in Atlantic Canada that made its name in the brewing industry rallied Wednesday behind one of their own, publicly declaring they believe Dennis Oland innocent of murdering his father.

Oland, 45, made his first court appearance facing a charge of second-degree murder. His mother, wife, two sisters, a cousin and his uncle were in the courtroom in Saint John to show their support.

"We are devastated that this nightmare for Dennis and for all of us is going to continue," said a statement issued by his mother, wife and sisters. "We know that he will be found innocent in an objective and fair process in a court of law.

"We wish that the police would turn their attention to finding out who is really responsible for Dick's death."

Richard Oland, 69, was a well-known businessman and a member of the Order of Canada who was found dead in his office in Saint John in 2011.

THE CANADIAN PRESS

#### Guy Turcotte

#### New trial ordered in controversial child-murder case

Quebec's top court has ordered a new trial in the case of Guy Turcotte, whose non-conviction after stabbing his children to death helped inspire changes in the justice system.

Turcotte stabbed his children as his marriage was falling apart in 2009, but was found not criminally responsible at his trial.

The controversial case made Turcotte a household name in Quebec and the verdict provoked a torrent of outrage. THE CANADIAN PRESS

# Convicted grandmother to take part in inquest

#### Jeffrey Baldwin.

Coroner says Elva Bottineau, who starved her grandson to death, is 'intimately and intricately' linked to case

A woman convicted of starving her grandson to death is "intimately and intricately" linked to the Toronto boy's case, a coroner said Wednesday in allowing her to participate at the inquest into his death.

Elva Bottineau was granted standing at the coroner's inquest probing the death of five-year-old Jeffrey Baldwin, who died 11 years ago in her care

In his decision, coroner Peter Clark said standing must be given to anyone with a "direct and substantial interest" in a particular inquest.



"While the concept of Ms. Bottineau's participation at this juncture may be painful, I am bound to consider each application on its own merits, in a dispassionate and objective manner and with due con-

sideration for the principles of fairness and natural justice," he wrote in the ruling.

But the request was strongly opposed by lawyers representing the boy's surviving siblings and the office of Ontario's advocate for children and youth, who said allowing her to take part in the proceedings would grant her a soapbox to defend her actions and revisit her conviction.

THE CANADIAN PRESS



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# Top Indian official rebuked for rape remark

#### Nationwide outrage.

Police official in hot water for saying, 'If you can't prevent rape, you enjoy it'

India's top police official apologized Wednesday for saying, "If you can't prevent rape, you enjoy it," a remark that has outraged women across the country.

Central Bureau of Investigation chief Ranjit Sinha made the remark Tuesday during a conference about illegal sports betting and the need to legalize gambling. The CBI is India's equivalent of the FBI.

Sinha said at the conference

#### Changing the law

After the fatal gang rape of a woman in New Delhi this year, public outrage forced the Indian government to change rape laws such that:

- Repeat offenders can be given the death penalty.
- Stalking, voyeurism and sexual harassment are now crimes.

that if the state could not stop gambling, it could at least make some revenue by legalizing it.

"If you cannot enforce the ban on betting, it is like saying, 'If you can't prevent rape, you



India's Central Bureau of Investigation director Ranjit Sinha is under fire for saying "If you can't prevent rape, you enjoy it" at a news conference about legalizing gambling on Tuesday. Mustafa Quraishi/the associated press file

enjoy it," he said.

The remarks have caused outrage across India, which in the past year has been roiled by widespread protests following the fatal gang rape of a 23-year-old woman on a bus in New Delhi.

On Wednesday, Sinha said that his comments had been taken out of context and misinterpreted, and that he was sorry if he had caused hurt.

Angry activists, however, called for his resignation.

THE ASSOCIATED PRESS

# Hungary. Baby born after doctors keep brain-dead mother on life support

A university hospital in Hungary says a premature but healthy baby was delivered after doctors kept the child's brain-dead mother on life support for three months.

The University of Debrecen said Wednesday that some of the mother's organs — her heart, liver, kidneys and pancreas were donated to four recipients two days after the delivery. The mother suffered a stroke when she was 15 weeks pregnant. The baby was delivered via Caesarean section this summer at 27 weeks, weighing three pounds, 1.8 ounces.

The university in eastern Hungary said, "The child is healthy and developing normally."

It did not give the child's gender or exact birth date.

THE ASSOCIATED PRESS

#### Social media

#### Teen in custody for tweets

Police say a Philadelphia teen faces charges in connection with a social media account that aimed to out "rats" in criminal cases.

Police say the 17-year-old was taken into custody Tuesday in connection with their investigation into a now-shuttered anonymous Instagram account titled "rats215," a

reference to Philadelphia's area code.

Police say the teen is alleged to have posted material from the Instagram account to his Twitter feed. The teen was charged with intimidation and terroristic threats.

The Instagram account had affidavits and photos of victims and witnesses in criminal cases.

A local paper has reported that the Instagram account had identified more than 30 witnesses. THE ASSOCIATED PRESS

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Thursday, November 14, 2013

# Looting, gunfire spark chaos alert in typhoon-hit areas

#### Aid too slow for 600,000 displaced.

Homes and businesses targeted for food

Mobs overran a rice warehouse on the island worst hit by the Philippine typhoon, setting off a wall collapse that killed eight people and carting off thousands of sacks of the grain, while security forces Wednesday exchanged gunfire with an armed gang.

The incidents in or close to the storm-ravaged city hosting international relief efforts add to concerns about the slow pace of aid distribution and that parts of the disaster zone are descending into chaos.

Five long days after Typhoon Haiyan wasted the eastern seaboard of the Philippines, the cogs of what promises to be a massive international aid effort are beginning to turn, but not quickly enough for the some 600,000 people displaced, many of them homeless, hungry and thirsty.

"There's a bit of a logjam to be absolutely honest getting stuff in here," said U.N. staffer Sebastian Rhodes Stampa against the roar of a C-130 transport plane landing behind him at the airstrip in Tacloban, one of the hardesthit cities.

Planes, ships and trucks were headed to the region, loaded with generators, water purifying kits and emergency lights — vital equipment needed to sustain a major relief mission. Airports were reopening in the region and the U.S. military said it was installing equipment to allow the damaged Tacloban aiport to operate 24-7. THE ASSOCIATED PRESS



Rapid relief experts

#### Canada's A-teamonits way

Prime Minister Stephen Harper says the Canadian military's Disaster Assistance Response Team, or DART, is bound for the Philippine city of Iloilo.

Philippine authorities say Iloilo, one of two major cities on the island of Panay, was in the direct path of typhoon Haiyan and suffered 162 deaths and the destruction of 68,543 houses as a result.

The typhoon affected more than 530,000 people in the Iloilo region.

THE CANADIAN PRESS



#### Storm season just average: U.N.

in spite of the devastation Typhoon Haiyan has caused in the Philippines, it's been an average year for tropical cyclones, the U.N. weather agency said Wednesday in its annual climate report.

The World Meteorological Organization counted 86 tropical storms so far this year, just three short of the annual average since 1981. They were unevenly spread across the globe. The Atlantic saw its quiet-

est season since 1994 in terms of the intensity and duration of tropical storms, according to the WMO report, which was released as U.N. climate talks were ongoing in Warsaw. Of the 12 named storms only two — Humberto and Ingrid

— reached hurricane strength. Both were Category 1 hurricanes, the lowest level.

The Western North Pacific, however, had recorded 30 storms by early November, above the annual average of 26, the WMO said. Thirteen of them were typhoons, including Haiyan, which struck the Philippines. THE ASSOCIATED PRESS



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Between the lot and rooftop storage facility, we are currently over capacity! For our valued customers, this means a one-time only chance for amazing savings on pre-owned vehicles. "This sale is not a gimmick" says General Manager, Todd Richardson. "Even with our immense storage facility, we have found ourselves out of space! We are bursting at the seams with pre-owned vehicles; we did not anticipate another year of such substantial growth by our dealership. We have to make room just to accommodate our regular day-today service and parts business."

Charlesglen Toyota Scion is prepared to offer a 3 day Pre-owned vehicle clearance event, only from November 14-16. Because of the urgency of this event, Charlesglen Toyota is offering bottom line prices on all pre-owned vehicles. Whether you are looking for a great Toyota Certified Used Vehicle, or another make of vehicle that came from a trade-in, you are sure to find a vehicle that fits you, and a price that fits your budget.

With the holidays coming up, the timing could not be better for those looking to save on pre-owned vehicles. "This is not your usual, run of the mill sale. We have acquired too much inventory and we are taking drastic measures to reduce our inventory and bring our numbers back to a manageable rate. We are even offering bottomed out prices on several of our demo vehicles" says Richardson.

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our Product Advisors are constantly being reviewed as being no-pressure, and extremely knowledgeable on the vehicles here on our lot. See the public reviews for yourself at www. dealerrater.ca. You can also review what our customers have to say about us through other third-party review sites such as Google, and Snap21. If you are social media savvy, connect with us on facebook at www.facebook.com/ charlesglentoyota and on twitter at www.twitter.com/cgtoyota.

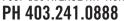
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metronews.ca Thursday, November 14, 2013 **BUSINESS** 

#### Web awards. Metro worth sharing in print and online

Metro has won two silvers at the 2013 Canadian Online Publishing Awards.

The award ceremony, which is held in Toronto every year, honours the best digital work in mobile and desktop journalism.

Metro won for its mobile apps, which remain among the most popular news apps in Canada, as well as for Matt

Random biz fact of the day

1-4%

Looking for a job on major job boards CAREERLEAF/NEXCAREER



Catwalk gives her wings?

#### Taylor Swift has a spot on Victoria's Secret show

The Victoria's Secret Angels worked their magic on the catwalk Wednesday, weaving between Taylor Swift and Fall Out Boy.

The elaborate wings, shiny sequins and strategic flashes of skin certainly helped. Oh, and those Nicholas Kirkwood and Sophia Webster stilettos had the models

Elliott's Ford for Toronto blog, which has been closely following the Toronto mayor's fiscal record since his term started.

Also nominated was a five-day online and print feature about avalanches, in which one reporter was buried alive and dug out with a rescue dog.

#### Market Minute



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the lingerie that makes the show so famous. She did give a lively performance of I Knew You Were Trouble that got the crowd on its feet. Faux snow fell from the

towering over everyone else,

too. Swift donned a Union Jack costume and a sparkly silver minidress, but

she never put on rafters, adding to the fantasy feel of the production. THE ASSOCIATED PRESS

### Look ma - no hands!

The mind is mightier than the sword or hand. College creates stunning thought-based game

HAINES

Northern Alberta Institute of Technology (NAIT) students have helped build a video game have helped build a video game that's a brain drain of a differ-ent variety — a hands-free, mind-controlled game that looks and sounds like something out of a sci-fi movie.

The aptly named Project Vulcan is a prototype built with the help of game-development students at NAIT, under the guidance of game-design instructor Armand Cadieux and game-programming instructor John Winski.

The game is set aboard a space station, where players become robots trying to escape by embodying a series of stronger robots. The mind-bending part is that players use only their

#### Out of the box

"We're teaching students how to build a game but also how to think beyond."

NAIT instructor Armand Cadieux

thoughts, no hand-held control-

lers, to take over other robots.

"How we play games has changed in the last couple years," said Cadieux. "We're all on mobile devices; now only the minority of games are played on consoles. Technology has made things like these EEGtype headsets available com-mercially, so developers can create applications for existing hardware.

Cadieux points to the use of similar technology with para-plegics, who can move a wheelchair with a brain-sensor headset. He says using hardware this way is a logical next step in the ever-morphing gaming indus-try. Co-creator Winski calls the 10-minute game tricky, but one that teaches focus at a time when life is all about multi-



Motorola unveils much

#### cheaper smartphone

Motorola says it wants to equip the world with the latest smartphone technology - at less than a third of the price.

The new Moto G phone starts at \$179 in the U.S. without a contract requirement. That compares with \$600 or more that people must pay for phones without two-year service agreements.

Motorola, which is owned

by Google Inc., said Wednesday that it will target an estimated 500 million people worldwide who can't afford phones costwho can't allord phones cost-ing more than \$200. In the past, the company said, those consumers were limited to phones with technology that's at least a year old and thus unable to run the latest apps and services.

The company is targeting

not just emerging markets, but budget-conscious consumers in the U.S. Although people can often get phones with can often get pincies with contracts at the lower price, service fees are higher because they include the cost of sub-sidizing those phones. And many people don't have good enough credit to qualify and are limited to so-called prepaid

- The phone starts selling in Brazil and parts of Europe on Wednesday.
- It will be available in Canada, parts of Asia and the rest of Europe and Latin America over the next few weeks.
- It is expected in the U.S., India, the Middle East and additional markets in Asia in January
- Motorola didn't announce any plans for Africa.



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SPECIAL



#### **Douglas Coupland**

Douglas Coupland's latest novel, Worst. Person. Ever., is available from Random House Canada.

Day 9

metronews.ca Thursday, November 14, 2013

metronews.ca/temp

metra

#### Living in T.O. is not easy

A growing number of temps are overqualified for their positions yet have little hope of advancement, says a 2013 report called Untapped Potential: Creating a Better Future for Service Workers.

\$23,647

About seven per cent of routine service workers earn less than the low-income cutoff wage, defined as \$23,647 in Toronto.



GETTY IM

About 45 per cent of Toronto's workforce is employed in routine service jobs.

20.2%

Some 20.2 per cent of routine service workers in the Toronto region have an undergraduate university degree, up from 13.3

#### 2001-2009

The level of precarious temporary employment within the service sector grew an "alarming" 33 per cent between 2001 and 2009.



Temp Not Eligible for Trauma Disability Pay

ood afternoon.
Taylor, Wagner
& Kimura Filter Systems, a
proud patriotic
company since 1899. I'm sorry,
Mr. Taylor isn't here right now.
Is there a message?"

You'd think, after a great big glamorous shootout, we'd all get the day off, but no - I, the disposable temp, was forced to man the front desk while every one else went home to Google grief counsellors so that they could file PTSD disability claims Even still, it was an hour before the bomb sweep finished and we got the OK to go in. The Danimal returned me to desk duty with brazen emotional manipulation. "Sorry Shannon. You have to be the strong one here today." This meant me brushing off press enquiries and telling freaked-out loved ones everything was OK, which actually gets dull very quickly. The lines died down by 4:00, so I went online to look at Shoeman's specialty website: Undeadbutnotunmown.comnothing but screensnaps of wellmown lawns appearing in the backgrounds of zombie apocalypse movies. He is so deep.
At 4:15 the door opened and I

At 4:15 the door opened and I looked up — it was Kyle, dressed head to toe in oil refinery gear. "Guess where I just got hired!"

"Kyle, you look like a Village Person. And thanks for being relieved I'm alive." "Of course I care — the shoot out — it's all over the radio. What happened?"

"Just after lunch, Kevin went nuts and holed himself up in the warehouse threatening to shoot himself. You know why." "What then?"

"Then there were maybe 50 shots fired and everyone thought he was dead, but then he wheeled this creepy scarecrow effigy out the doors — and walked out with his hands on top of his head."

"Did they arrest him?"
"I don't know. Is threatening to kill yourself a crime?"

"I wonder. And what does a guy like Kevin do in jail all day — shon for hoats online?"

- shop for boats online?"

"Kevin is now officially declassified."

"Declassified?"

"Declassified. Like me. No

I, the disposable temp, was forced to man the front desk while everyone else went home to Google grief counsellors... longer a part of the class spectrum, with no hope of reentering. Not poor, not middle class, not blue collar or white collar. Blank collar — spending the rest of his life shopping in jail."
This was when Sarah No. 1,

This was when Sarah No. 1, who'd been gone all day, magically appeared at the front door wearing slutty heels and a pushup bra. "Hello Shannon. Oh hello Kyle."

"Ummmm..." Kyle was stungunned by Sarah No. 1's get up. I was sitting behind him and I mouthed the words, "cradle rob-

ber" to Sarah. She winked at me. "Kyle, can

#### Random fact of the day

#### Holy hork Batman!

• The human body produces around a litre of mucus each day.



you help me with my car? It won't start."
Shameless. Just shameless.

They left for the parking lot.

TO BE CONTINUED..

#### Random biz fact of the day

**50%** 

Another reason to not procrastinate — 50 per cent of new hires applied within the first week of the job posting.

SOURCE: NEXCAREER

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metronews.ca Thursday, November 14, 2013 **VOICES** 

#### TV, ER, RUNNING CAN CHANGE YOUR LIFE

I'm training to run a half-marathon and it's changed my life. The magazines tell me so in their colour-filled, glossy pages.

My heart rate is improved. My self-esteem and confidence are at a new high. Coffee tastes better, people smile at me on the street, and I'm no longer racist. My parallel parking has improved; I can use a urinal even with other people around; and I've just about cured cancer.

And happy?! People in running mags are so happy, just like me. They always have great teeth that they show off as they run, keeping them white and clean through constant wind exposure.

It's because these people have taken control of their lives.

That's what the mags say. Taking control is always stated as inherently positive, even though deciding to eat Big Macs every day or committing to a daily regime of crack would qualify as taking control too.



John Mazerolle metronews.ca

hand.

I'm also about as light on my feet as those AT-AT walkers from The Empire Strikes Back. If you were just listening to my footfalls you'd swear I was wearing flippers. No, I take different lessons from running than just

As you have perhaps surmised, I'm a little less gung-ho than your average running-mag model, the sort who treats running as a full-fledged religion complete with conversion and redemption. Join us.

I enjoy running but I'm not that far gone, partially because I'm not very good. I have never smiled when running — the look on my face ranges from passing a gall stone to passing out to passing on.

Running is supposed to offer a sort of endorphin-fuelled pain relief, but I mostly find that my lazy pains have shifted into new locations of active-people pain — like a cartoon character who throws a hot potato between his left hand and his right

Here's my inspirational running story: I run. I don't really go anywhere, I end up back where I started ...

"Things are super now!"

Here's my inspirational running story: I run. I don't really go anywhere, I end up back where I started, but I'm happy to have gone. Pointless, yes, but better than just sitting there, right?

If I couldn't find the symbolism in that, my Grade 10 English teacher would be very upset with me.

It's better for me to do almost anything than lie stagnant on my couch.

Unless The Empire Strikes Back is on.

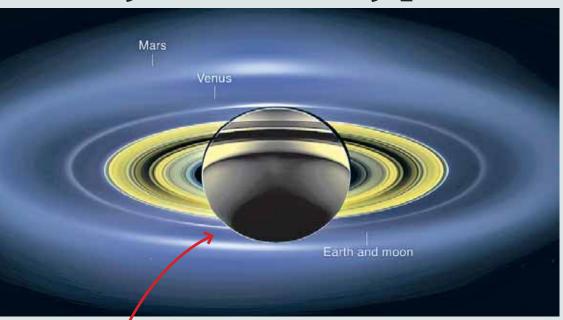
That's different.

It changed my life.

(This column was originally published in Metro in September 2010. John Mazerolle's column will return next week.)

#### **ZOOM**

#### Solar system's family photo



NASA/IPL-CALTECH/SSI

#### Saturn shown in one-of-a-kind pic

NASA has revealed an unprecedented view of Saturn from space, the first in which the giant gas planet (backlit by the sun), its moons and rings, and Earth, Venus and Mars, are all visible. Unveiled this week, the new natural-colour, panoramic mosaic of the Saturn system was taken by NASA's Cassini spacecraft. **METRO** 

#### By the numbers

wide-angle images were processed by Cassini's team to create the

km was the distance from Earth Cassini took the image — nearly 10 times the distance from the sun to Earth.

#### Solar system clues

"Data like these also improve our understanding of the history of the faint rings around Saturn and the way disks around planets form — clues to how our own solar system formed around the sun."

Linda Spilker, Cassini project scientist based at NASA's Jet Propulsion Laboratory

#### Cassini facts

- In 1997, Cassini-Huygens is the fourth space probe to visit Saturn and . the first to enter orbit.
- 16 European countries and the U.S. make up the team responsible for building, flying and collecting data.
- The mission ends in 2017.



With the holiday season right around the corner (if you need proof, just step into any shop anywhere), many are trying to get out of Dodge - or get to Dodge if that's the case. If you haven't booked travel yet, chances are you're too late -J/K, not too late, but too late to get a decent fare. Check these sites for elusive holiday season travel deals.



#### Hipmunk:

Like most sites, Hipmunk searches the major carriers, but offers an "agonyfree" search so you don't have to muck around sorting by price, stopovers,

Kavak:

One-stop shop for hotels,

@metropicks asked: #LdnOnt wants to allow elderly to cycle on the sidewalk. Safety advocates disagree. What do you think?

**@fowgre:** Bad idea. City and LPS should stop abdicating responsibility and make roads safe for cyclists. #ld-

**@londongirl52:** as long as bicyclists are courteous to walkers and vice versa, I don't have a problem with anvone on sidewalk

**@Thomas\_Howden:** Key word, side

**@thebellguy:** I enjoy reading about rules that are made for a portion of

flights and cars with a stellar alert system - give them your details and they

#### **Tetsetter:**

Once you've found your cheap flights, book a last-minute luxury room at a boutique hotel on the site or their welldesigned, user-friendly app.

the population, they always seem to work out well

**@KevinLabonte:** 75% of bike releated accidents occur at intersections. On a sidewalk every driveway is an intersection. #LdnOnt

**@neginneghabat:** Bicycles generally & esp elderly cyclists behave much more like pedestrians than cars, so that's where they belong

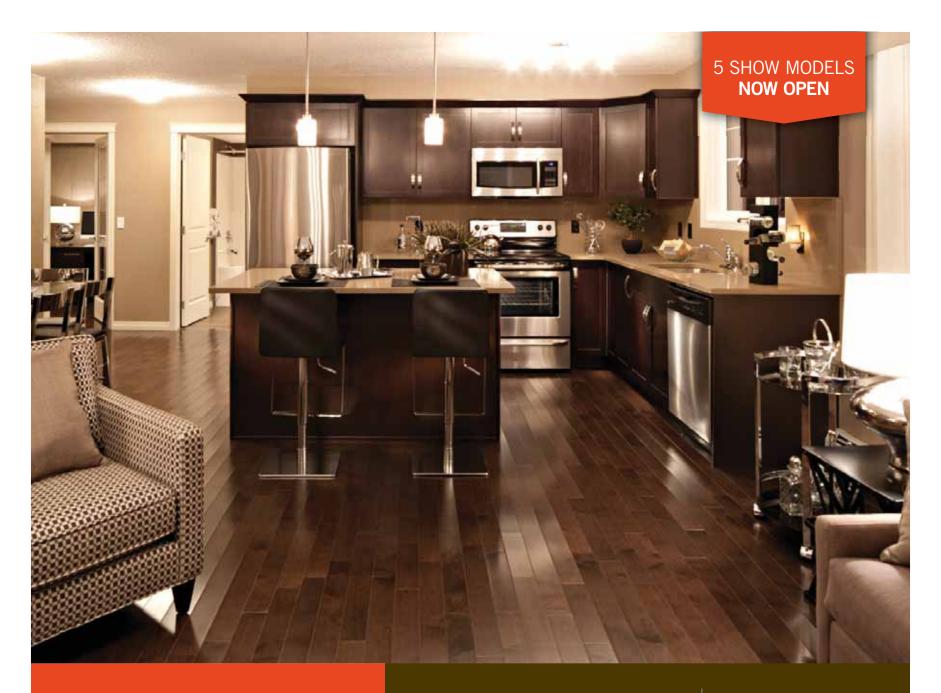
**@DanHilton74:** If sharing the road is unsafe for any group, lets build a Master Bike plan w/ more paths vs ad-hoc

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#### Write, sing, repeat — it's the Gray way

**Looking back.** The singer's new tour takes on her old material, which "still resonate to the present," she says

MARA LITTMAN

At the turn of the century, Macy Gray burst onto the music scene, winning multiple Grammy and MTV awards for her 1999 album, On How Life Is.

Audiences fell for her signature raspy voice and unique blend of soul, rock, disco and hip-hop. Her sound was both new and retro.

Gray is still doing this same two-step of one foot in the future and one pointing to the past with her current tour, which takes listeners through the full On How Life Is album. She is adamant that the tour is a bigger step forward than it is a step back,

"I'm not a look-back person. I rarely do that. It still means a lot to me, and what's

"I'm not a look-back person. I rarely do that. It still means a lot to me, and what's happening in my life now."

**Macy Gray** Talking about how she approaches her life after 14 years in the music industry



happening in my life now," she says of the album. "When I'm up there (the songs) still resonate to the present. I didn't write them to be that way, but I think with simple life stuff, you'll have it years from now. You're still dealing with love, your spirit and yourself, forever."

In the 14 years since her initial fame, Gray has raised three children, appeared in a number of films and produced seven studio albums. Life remains her biggest commercial success. The fact that she's performing these songs

at venues that are the same size as the ones she played when she was first starting out doesn't seem to faze her.

'You learn a lot playing clubs and having people right in your face," she says.

"But my mind and my heart are always on the same planet. That doesn't change for me. The atmosphere, the vibe and how loud the crowd is, (that's) always different."

Although a lot has changed with how life is since On How Life Is, Gray says the biggest change has been an internal

"I just really got, in these last few years, to the point where I could communicate the way I always wanted to," she says.

Since On How Life Is clocks in at less than 45 minutes, she's bound to dip into other material. Gray's two most recent albums, both released in 2012, are made up of all cover songs.

Talking Book is a straightup tribute to the Stevie Wonder album of the same name, while Covered features the songs of a disparate collection of artists that all seem

to make sense together with Gray's signature voice. She covers Metallica, Arcade Fire and Colbie Caillat, to name a

"The Covered album was just a lot of favourite songs. It came down to songs that I could sing from the heart, that were personal to me, and that I could be genuine in singing them," she says.

As for Talking Book, she says, it's "one of my favourite albums of all time. I love that record. I knew that one the best. I knew every word. It was really organic.'

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#### James Franco directs, stars in new film As I Lay Dying

**Turning books into** movies. Franco views it as a challenge to translate seemingly unfilmable works

#### NFD **FHRBAR**

World News in Hollywood

As you may have heard, James Franco's been busy. In addition to being a prolific actor (he squares off against Jason Statham in Homefront in a couple weeks), he's also a prolific director who's particularly drawn to novels deemed unfilmable. His take on William Faulkner's As I Lay Dying, which played at the Toronto Film Festival this year along with his adaptation of Cormac McCarthy's Child of God, has just arrived on DVD. And in addition to Actors Anonymous, his new book of short stories, Franco is promising an adaptation of Faulkner's The Sound and the Fury next.

#### Franco on literary adaptations

"What I figured out with even my short films based on poetry is if I use a literary source that is somehow stylistically interesting or stylistically unconventional or just complex, it will push me as a filmmaker in new directions. It will take me out of conventional ways of filmmaking," he explains.

"There are stories that I love that I just don't think would be told. As I Lay Dying has been around for 80 years. Nobody's made it. So I made it. There's this old adage that great books make bad movies and bad books can make good movies, like The Godfather — I mean, it's not a bad book, it's just kind of a dime-store thing. I don't think that's completely true, but what I think is true about it is when people love a good book it's not just because of the story; it's because of the way it's written, the style, the structure. Something that works in a book won't necessarily work in a movie in the exact same way. You have to translate the style. And I love that. That's, I guess, become my thing."

#### Franco on Franco

"The way that we look at ourselves is forever changed because of the way our own images are distributed, the way

we distribute them, the way we reshape them. It's tied up with public image, celebrity and our relationship to that," Franco says. "So I'm in a position where I do have a public image

in, I guess, a very public way. But I really view that — my relationship to my public image — as something that is just maybe a larger projection or a larger, more extreme version of the way someone projects him or herself on Facebook, photos that he or she decides to post, what he or she decides to write, how that public image is crafted."



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#### Actor drops out

#### Fifty Shades of Gray release delayed

Fans waiting for the film version of Fifty Shades of Grey will have to wait a bit longer, as Universal Pictures and Focus Features have announced they've moved the movie's release date from Aug. 1, 2014 to February 13, 2015. Production on the film was delayed when Charlie Hunnam, initially cast to play Christian Grey, dropped out just weeks before filming was to begin. On the bright side, the film is now coming tine's Day. METRO



out just in time for Valen-

#### Legendary trumpeter

#### Don Cheadle to play Miles Davis in new flick

Don Cheadle will play Miles Davis in a biopic the actor has long planned on the innovative jazz pioneer.

BiFrost Pictures told The Associated Press on Wednesday that it will finance and produce Kill the Trumpet Player, with Cheadle also making his directorial debut. Cheadle has been trying to make the film for years. Production is finally

set to begin in June.

The production company said the movie will focus on when Davis temporarily retired from making music and then re-emerged in 1979. The script is written by Cheadle and Steven Baigelman.

Ewan McGregor will co-star as a Rolling Stone reporter, and Zoe Saldana will play Frances Davis, the trumpet player's former wife. Davis collaborator Herbie Hancock will be involved in the production.

Davis died in 1991 at

THE ASSOCIATED PRESS



metronews.ca Thursday, November 14, 2013 **SCENE** 

#### Chestnut is among director's Holiday best men



It's been nearly 15 years since Morris Chestnut starred in The Best Man, and now he's re-teaming with Taye Diggs, Terrence Howard, Harold Perrineau and writer-director Malcolm D. Lee for a longawaited sequel, The Best Man

Metro took a trip down memory lane with him.

#### So was your character's football background your idea or Malcolm's?

We're both big football fans. I've been playing football and loving football all of my life. Before I loved little girls, I loved playing football. So a lot came from me. The funny thing about it is the two roles I'm most remembered for are Boyz n the Hood — where I played a football player — and this one, where I play a football player.

#### So, 14 years later. How much does that mess with your head?

You know, it doesn't really mess with my head. We know it's been a long time, and we've seen each other throughout the years, some of us have hung out, some of us haven't. I'm just proud that the studio feels either the content of the movie or the title of the movie or the actors in the movie are still relevant to where they think that it can make some money.

#### When you reunite with the cast members you haven't seen in a while, is it a sort of reality check about aging?

You know, the great thing that Malcolm did was a week before we started filming, we all watched the original together. That brought me back to some places emotionally, and even brought up some things about my character that I didn't remember since it's been a long time. Whenever I see a movie of mine on TV, I don't watch it. I hurry to change the channel. Sitting there watching that movie from beginning to end, it just



From left, Taye Diggs, Morris Chestnut, Harold Perrineau and Terrence Howard in a scene from The Best Man Holiday.

brought back a lot of different things. When we started filming I was like, "Do you want me to wear a wig?

What do you want me to do? Because the characters had

hair last time, and now Taye and I don't have hair.

#### The characters have all done quite well for themselves.

To be honest, I think that was what was so interesting and refreshing about the first one. It was the first movie of its kind where you really see black professionals. You had Jordan, Nia Long's character, who was a big-time TV executive. You had Harper, Taye's character, who was a writer, an intellectual job. You have those types of images that I think people wanted to see. You had your films like Boyz n the Hood, New Jack City, where you're showing street life and drug life and all that. But seeing those positive images on screen, I think that's what was refreshing for the

#### Speaking of sequels, do you think there will be any more Kick-Ass movies?

Ah, man. I don't think so, I don't think so. I think after that one, they're done with those for right now, unfortu-



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# She's a survivor and she's gonna make it—no thanks to the haters

#### The Shahs of Sunset.

Self proclaimed 'Persian Pop Priestess' Asa is intent on making her Diamond Water company work despite her frenemies

#### KHATCHADOURIAN Metro World News in NYC

Asa Soltan Rahmati is a busy woman. The Shahs of Sunset just returned for a third season, but filming her dramafilled reality show isn't the only thing the self-proclaimed "Persian Pop Priestess" has been up to. Since we last saw her on her Bravo show, Rahmati has launched a boutique alkaline water company, Diamond Water, created a collection of artwork and fashioned an entire business around her Priestess image. Sure, Rahmati has her fair share of haters including some of the fellow Shahs she calls friends — but, if you ask her, that doesn't stop her from getting what she

#### It seems like a lot of great stuff has happened for you lately. We'll see the launch of Diamond Water this season right? How was that experience?

You know what? It's been kind of amazing. Diamond Water is not just a spinoff of the Bravo show, where somebody just puts his or her name on a product. This is really my baby. This season you will see, from A to Z, how I struggled in creating

the business and everything else that goes into the really intimate process of making Diamond Water.

#### Have the other "Shahs" been supportive of your new venture?

No, there was definitely some hater-ation, and some naysayers talking s—. But you know what? I'm a survivor and everything I have, I have worked hard for. Diamond Water is my dream. Nobody else has to believe in it except for me, so I don't care what other people say.

#### Where do you find inspiration for your art?

Art has always been a vehicle of therapy for myself. I'm able to process the pain I went through living as a refugee in an immigrant ghetto in Germany. A lot of my work has to do with identity and living between cultures.

You're the self-proclaimed "Persian Pop Priestess." What's



isa Soltan Kanmati is a seti prottaimed Persian Pop Priestess. Contribu

#### that all about?

I learned at a young age that we have so much that makes us who we are. The main things are love and humanity, but mainly love. I kind of became a spiritual gangster really early on. The Priestess is really a spiritual gangster. Love by all means necessary. Not in that weird hippie way, but in a true, primal way.

#### What's one moment this season that meant a lot to you?

This season is seriously epic. When I do my art show, it deals with the three phases of my life, of my childhood. I basically worked with old family pictures and I projected the images through a video projector and danced in front of it. It was a personal piece for me and propelled me to organize a family reunion in Turkey with my family that's still in Iran. I haven't been able to see them for 30 years because of my refugee status, and not being allowed to go back.



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Twitter





@**Louis\_Tomlinson** Can't wait for ps4!!!!!





@**partonoswait** Me: Hello darkness, my old friend. Darkness: I aintcher friend, chubs.



#### Efron movie on hold after star breaks his jaw

Zac Efron is recovering from a broken jaw after slipping and falling at the entrance to his L.A.-area home over the weekend, according to E! News. Plans to promote his upcoming film,

Awkward Moment, have been postponed while he undergoes recovery, which reportedly included having his jaw wired shut.

Éfron also reportedly sustained a gash that required stitches in the fall.

#### METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



#### Three is not always a crowd for Gaga, but she's still a lady

Lady Gaga likes to keep an open mind, even when it comes to her relationship with Taylor Kinney.

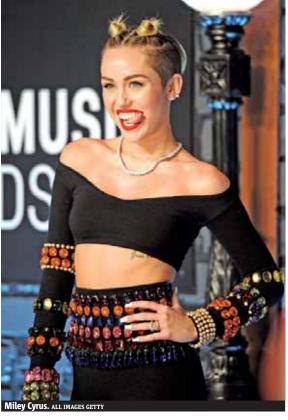
When asked by Howard Stern if she'd be open to letting another woman join them in bed, she says, "That sounds like fun!" But Stern couldn't get her to go on the record as to whether she and Kinney have already given that

a try.
"You know what? I've
spoken a lot about my
Taylor and I don't want

to kiss and tell too much. I'm a little bit more of a lady than that," she says. "Here's the thing: I'm not the type of person that's having sex all the time with lots of random people. I don't do that. I'm in a monogamous relationship, we're having a good time, we've been together for a while. If it were to come up, it comes up."

come up, it comes up."

And as happy as Gaga and Kinney are, they're in no hurry to tie the knot. "The thought of a wedding to me is exhausting. Why would I put myself through that?" she said. "Here's my dream wedding: We get completely hammered, we get the worst dresses we can find and then we go to the courthouse."



## Weed really like to look into Cyrus incident, say stunned Dutch authorities

Miley Cyrus' latest awards show stunt — lighting up what appeared to be a joint on stage at the MTV European Music Awards — might turn out to be more trouble than it was worth. Authorities in Amsterdam are reportedly investigating the incident, ac-

gating t, accordcordhave the right to a smoking ban in public places in the Netherlands. Employees have the right to a smokefree environment, and this includes camera and

ing to Agence France-Presse,

since the venue where the

show was held has a strict

received complaints about

seen on television. We have

to investigate," a spokesman

smoking, which was also

no smoking policy. "We

sound personnel." A
spokesman for the
arena, meanwhile, says
the stunt
"caught us
by surprise."





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## Isabel Marant brings her perfect imperfection to H&M

Oh la la. Clothing retailer welcomes designer's nonchalant Parisian chic in new line for men and women

#### **CAROLINE** SANDSTRÖM

More than any other designer, Isabel Marant has managed to export that hard-toput-your-finger-on, relaxed, brand of Parisian chic to the rest of the world.

Her slouchy esthetic will go even more global this week, when her collaboration with H&M, the clothing giant's ninth, hits stores. We met the fashion icon at the Westin hotel in Paris to talk about her line, her personal style, and whether or not a men's line is in her future.

How did you approach this collection? It seems that most designers choose to create more affordable versions of their greatest hits.

When H&M contacted me and asked if I would like to collaborate I felt it was a great honour.

I didn't know then what they wanted but I knew almost immediately that I wanted to create a collection with all my favourite garments.

You know, the clothes you always pack; the ones you would kill yourself over if they disappeared.

#### What's the key to your slightly grungy take on Parisian chic?

All you need is nonchalance. Parisian chic is about perfect imperfection; something a little deviant. You look good, but you don't pay too much atten-

tion or spend hours in front of the mirthink the improper, slapdash look is absolutely the sexiest and most charming look anyone can have.

#### How did you find designing men's wear, as this was your first attempt at

It wasn't difficult to create a men's collection for H&M but it was a challenge. It was easy to create garment by garment, as I often use masculine elements in my female collections, but the hard part was to paint the big picture. I don't care for men who are too fashion-conscious, so it was difficult to find a balance. It mustn't look to be too

But despite the fact that I'm very satisfied with the result I don't think it will be a permanent fixture

in my design. But you should

#### Devil may care

"All vou need is nonchalance. Parisian chic is about perfect imperfection: something a little deviant. You look good, but you don't pay too much attention or spend hours in front of the mirror. I think the improper, slap-dash look is absolutely the sexiest."

Isabel Marant

never say never.

#### There are plenty of basics in your collection — what are your personal wardrobe musts?

The trouser is my absolute favourite garment, as well as a well-fitted T-shirt.

Basic garments are the end-allbe-all to me but I don't have any direct advice on how to style my clothes because I encourage a personal interpretation.

It's all about the blend and I love when I see people mix my garments with others, old and new, feminine and masculine. creating their own identity through them.

Personality is the ultimate accessory for me.

If you have that, you have everything. C'est

Milla Jovovich owns the Parisian chic look by perfecting imperfection with her patterned dress, tousled hair and slouchy boots. CONTRIBUTED





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metronews.ca Thursday, November 14, 2013

#### Go Italian with stew-pendous stracotto

#### Ingredients

- 1 tbsp extra-virgin olive oil
- 1 1/2 lbs extra-lean beef stewing meat, cut into 1-inch cubes
- 1 onion, diced
- •1/2 cup chopped green onions
- 3 cloves garlic, minced
- •1/2 cup red wine
- 1 cup no-salt-added whole peeled tomatoes, chopped
- 1 can (5.5 oz/156 mL) nosalt-added tomato paste
- 4 cups beef broth

- 3/4 cup water
- 1 1/2 cups diced celery
- 2 tbsp chopped fresh sage leaves, or 1 tsp dried sage
- 2 to 3 bay leaves
- 1 tsp Italian herb season-
- Ground black pepper
- 1 cup cubed sweet potato
- 1 cup diced carrots
- 1/2 cup chopped fresh parsley
- •1 tbsp cornstarch

- **1.** In a large stock pot, heat oil over high heat. Pat meat dry and add it to pot; stir continuously until browned, about 2 to 3 minutes.
- **2.** Add onions and garlic. Stir continuously, scraping up the bottom brown bits, about 2 minutes. Stir in wine, tomatoes and tomato paste until well combined. Add

beef broth, water, celery, sage, bay leaves, Italian herb seasoning and black pepper. Reduce heat to medium-low. Cover and simmer, stirring occasionally, for 1 1/2 hours. Add sweet potatoes, carrots and parsley during the last 30 minutes.

**3.** Combine cornstarch with 2 tbsp water; stir and add into

the stew. Simmer for 5 minutes to thicken stew, remove and discard bay leaves and serve. I like this smothered over brown rice or couscous. Recipe excepted from the healthy Italian: cooking for the love of food and family by fina scroppo, copyright 2013 by danvid & company inc. Used by permission of danvid & company inc. used by permission of danvid & company inc. visit thehealthyital-

#### Make ahead:

Because extra-lean cuts of beef can vary in tenderness and texture, the longer they simmer the more fall-apart delicious they become. Make this stew the day before and heat it up just before serving.



#### The Healthy Italian

#### Italian cuisine doesn't have to be fatty

The word "healthy" isn't typically associated with Italian cuisine but Fina Scroppo is out to change that. Her book, The Healthy Italian, proves you can enjoy all your favourites — like Sicilian pizza, Italianstyle meatloaf, rice balls and chocolate-pear torte — without loading your plate with fat and calories. Aside from mouth-watering



recipes, The Healthy Italian is packed with tips, makeahead options, nutrition information and photo essays that celebrate the Italian heritage. METRO



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metronews.ca Thursday, November 14, 2013 32 **HOME** 

Multi-purpose furnishings are of utmost importance when living in small or shared spaces. Double-duty is the way to go when it comes to bulky pieces, so I've scooped up the best alternative dining tables for those urban homeowners who rarely entertain. Are you looking to simply save some space? Check out these table options.



#### In the living room

Eating and watching television has just been elevated in a stylish manner. Scout Functional Coffee Table, \$800, eq3.com.

#### In the kitchen

When flipped down it acts as a shelf for small objects. When up it's dining for one or a great laptop station. Bjursta wall-mounted, drop-leaf table, \$50, ikea.ca.

## tables with a twist

#### In the home office

Roll your desk into the living room and add chairs. Go-Cart Bright Orange Desk, \$170, cb2.com.



#### In the foyer

A 9.5-inch deep console folds out into a 36 x 65.5-inch dining table for dinner parties. Span White Gateleg Table, \$395, crateandbarrel.com.

#### In the closet

Play cards or dine informally, then store this set away easily under the bed or in the closet. Five-piece Fold-Ensemble, \$350, sears.ca.



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# Weather the winter in a warmer home

**DIY.** With a few quick projects, you can save money on heating bills

To keep your family warm and the energy bill down this winter, invest a few hours in some small and simple DIY projects. With minimal tools or experience, it's easy to fix poor insulation or chilly drafts that normally send you running for the thermostat. Even minor improvements can help put money back in your wallet over the course of a long Canadian winter.

#### Slip on a water heater blanket

Water heaters warm to the touch are losing heat and costing money. If a new energy efficient water heater isn't in the budget, quickly installing a blanket is an affordable way to prevent heat from escaping. Blankets for gas-fired water tanks should be installed by a professional to avoid potential fires.

#### Install plastic window insulation

Block out cold drafts and lock in the warm air with plastic window insulation. While many new homes have high energy efficiency windows, they're an expensive investment and are best installed in the spring or summer.

For a fast and temporary fix, plastic window insulation can go a long way in lowering your energy bill and keeping your family warm. Simple to install and barely visible, the sheets are easily peeled off in the spring.

#### Caulk the windows

For a more permanent fix, consider getting out the old caulking gun and resealing windows. To find out where heat is escaping, carefully move a candle around each window frame and watch for the flame to bend. Make sure to tie back curtains, blinds or anything else that could catch fire before beginning.

Next, pick the proper caulk-

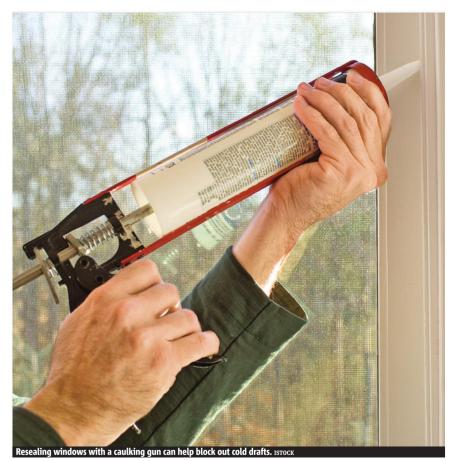
#### **DIY Network**

 For more ideas on creating the best home for your family, tune in to Family Under Construction, Tuesdays at 10 p.m. on DIY Network Canada.

ing with the help of a local professional. Once the old caulk has been removed with a putty knife or razor blade, you're ready to start caulking.

#### Insulate with a storm door

In the summer months, storm doors are excellent for letting in extra sunlight and increasing ventilation. In the winter, they provide an added layer of insulation and are great for locking out the cold. Most storm doors come in kits that make it easy to install in an afternoon. For the most savings, look for a door with a high energy efficiency rating.







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# Smid fills Flames need on the cheap



THE HOCKEY NEWS Brian Costello

OK, so Ladislav Smid won't be the final piece for a Calgary Stanley Cup run. He may not even be in the NHL anymore by the time this franchise has a chance at one. But man, what an excellent value deal for the Flames to pick up Smid (and Olivier Roy) for Roman Horak and Laurent Brossoit last week.

Smid is a big, physical defenceman who comes in as the new team leader in hits and is second in blocked shots. He's your prototypical stay-at-home defender.

Part of the reason for this trade from the Flames' perspective is that it helps fill a hole left by Mark Giordano's injury. Sure the two have different skill sets, but Smid is a legitimate top-four defenceman who can step in now.

Smid, 27, is still signed for another three seasons beyond the current one, so the Flames have control of him for a while. Who's to say they don't turn around and trade him by this deadline? Or next dead-

line? There are a lot of teams with cup aspirations out there who would give up something of substance for Smid in his prime to round out a unit. That may ultimately be the direction the Flames go and it's hard to imagine they'd get less for him than the Oilers did.

And what did the Flames give up? In Horak, they lost a fifth-round pick with the upside of a third-line checker. In Brossoit, the Flames lost a sixth rounder with solid potential, but you know what? Goalies are some of the most unpredictable players in the prospect ranks. Even those picked in the first round have cloudy futures. They're a gamble. And the Oilers took a fairly large gamble that this particular netminder will pay off in the long run.

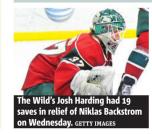
All told, the Flames got the best player in the deal and the only one guaranteed to be a full-time NHLer. He also has the highest re-sale value should the Flames act with the future in mind.

Smid isn't a world-beater, but he's reliable and tough to play against. And Calgary didn't have to give up much of anything to get him.

Advantage Flames.



Ladislav Smid provides depth on the Flames blue-line in the absence of injured captain Mark Giordano. DEREK LEUNG/GETTY IMAGES



#### NHL. Maple Leafs shot down in St. Paul

Zach Parise and Jason Pominville scored in the shootout, lifting the Minnesota Wild to a 2-1 victory over the Toronto Maple Leafs on Wednesday night.

Parise tied the game late in the third period for Minnesota, which has won five of six and is 8-1-2 in its last 11. The Wild have been involved in three straight shootouts — winning two.

Mason Raymond scored a power-play goal for Toronto,

which has scored just three regulation goals in its last four outings.

Toronto nearly won it late in overtime, but Harding got a right pad on a tip by Morgan Rielly. The Associated press

#### CFL

#### Bombers fire coach Tim Burke

The Winnipeg Blue Bombers announced Wednesday the firing of head coach Tim Burke, a move Wade Miller said was made the day before the "acting" tag was removed from his title of president and chief executive officer.

Burke became Winnipeg's interim head coach in August 2012 after former general manager Joe Mack fired Paul LaPolice.

The Bombers finished with a league-worst 3-15 record this season, tying the club's lowest mark in an 18-game season.

THE CANDIAN PRESS

#### Baseball

#### Kershaw, Scherzer win Cy Young awards

Clayton Kershaw of the Los Angeles Dodgers and Max Scherzer of the Detroit Tigers have won baseball's Cy Young Awards.

Kershaw won the prize as the National League's best pitcher for the second time in three seasons after leading the majors with a 1.83 ERA.

The 25-year-old lefty with a big-breaking curve drew 29 of 30 first-place votes. Kershaw went 16-9 and topped the NL with 232 strikeouts.

He won the NL Cy Young in 2011 and finished second last year.

Scherzer won the AL honour after leading the majors in wins while going 21-3. He received 28 of 30 first-place votes.

THE ASSOCIATED PRESS



metronews.ca Thursday, November 14, 2013 **SPORTS** 



## Hendricks, GSP spar over doping

UFC 167. Bigg Rigg's latest lash-out adds to trail of bickering leading up to Saturday

The fight isn't until Saturday night but the gloves came off Wednesday in the buildup to UFC 167.

"I can't wait to freaking deck the crap out of him," challenger Johny 'Bigg Rigg' Hendricks said of UFC welterweight champion Georges St-Pierre. "I want his eyes to roll back in his head. That's my goal.

Hendricks, who has said in the past that he has nothing against the Canadian cham-

"What I don't have respect for is him saying I'm on steroids when he knows nothing about me."

Johny 'Bigg Rigg' Hendricks, on GSP

pion, tried to take the edge off those words by saying he approached every bout that way.

But the two fighters' bickering over drug-testing has been bubbling for some months now and the debate boiled over Wednesday when Hendricks, apparently irate at a comment GSP made in a TV interview minutes earlier, essentially accused St-Pierre of using performance enhancing-

'Have you seen him in the last two months," Hendricks asked. "He's shrunk a little bit hasn't he?"

Hendricks (15-1) also pointed to St-Pierre's buff body in the cage after rehydrating following the weigh-in the day before fights.

"Check out my pictures, I'm fat ... You don't gain 15, 20 pounds and still get that form. Everybody bloats a little bit. You don't put 20 pounds of water in your system without ballooning.

Hendricks will weigh in Friday at 170 and then enter the cage Saturday night at around 195-200. THE CANADIAN PRESS

NFL

#### Coach Kubiak back in business

Texans coach Gary Kubiak is back after recovering from a mini-stroke, and he can't wait to coach his team on Sunday against Oakland.

"It just feels great to be back," he said. "You have a true appreciation for the opportunity that you have." THE ASSOCIATED PRESS

NBA

#### Gay grills Grizz in return to Memphis

Rudy Gay scored 23 points in his return to Memphis and Kyle Lowry added 21 to help the Toronto Raptors beat the Grizzlies 103-87 on Wednesday night. Gay, who was part of a Jan. 30 trade that sent him to the Raptors, was 8 of 18 from the field. THE ASSOCIATED PRESS



#### NHL

#### **EASTERN CONFERENCE**

ATLANTIC D	IVISI	ON					
	GP	W	L	0L	GF	GΑ	P
Tampa Bay	18	13	5	0	56	43	2
Boston	17	11	5	1	48	30	2
Toronto	18	11	6	1	52	42	2
Detroit	19	9	5	5	47	51	2
Montreal	19	9	8	2	49	42	2
Ottawa	18	7	7	4	53	56	1
Florida	19	4	11	4	40	66	1

20 4 15 1 36 63

#### METROPOLITAN DIVISION

	GP	W	L	0L	GF	GΑ	Pt
Pittsburgh	18	11	7	0	51	42	22
Washington	19	10	8	1	61	55	21
NY Rangers	18	9	9	0	41	49	18
Carolina	18	7	7	4	34	49	18
New Jersey	18	6	7	5	38	46	17
NY Islanders	19	7	9	3	54	61	17
Philadelphia	18	7	10	1	33	45	15
Columbus	17	6	10	1	44	50	13
Modpoeday's ro	culte						

Minnesota 2 Toronto 1 (SO) Philadelphia 2 Pittsburgh 1 Dallas at Edmonton

#### Tuesday's results

Buffalo 3 Los Angeles 2 (SO) Carolina 2 Colorado 1 NY Islanders 3 Nashville 1 Washington 4 Columbus 3 (OT) New Jersey 3 NY Rangers 2 Winnipeg 3 Detroit 2 (SO) Florida 3 Anaheim 2 Philadelphia 5 Ottawa 0 Tampa Bay 2 Montreal 1 (SO) Phoenix 3 St. Louis 2 (OT) San Jose 3 Calgary 2 (OT)

#### **MLS PLAYOFFS**

#### **CONFERENCE FINALS**

(2 games, total goals) Saturday, Nov. 23 — All times Eastern Houston at Kansas City, 7:30 p.m. Sunday, Nov. 24 Salt Lake at Portland, 9 p.m.

#### **CHAMPIONSHIP**

Saturday, Dec. 7 East champion vs. West champion, 4 p.m.

#### WESTERN CONFERENCE

CENTRAL DIVISION

#### GP W L OL GF GA Pt 17 14 3 0 18 12 2 4 55 30 28 66 49 28 Chicago

	GP	W	L	OL	GF	GΑ	Pt
PACIFIC DIVIS	SION	I					
Nashville	18	8	8	2	38	57	18
Dallas	17	8	7	2	46	52	18
Winnipeg	20	9	9	2	53	57	20
St. Louis	16	11	2	3	54	37	25
Minnesota	19	11	4	4	50	41	26

	GP	W	L	OL	GF	GA	Pt				
Anaheim	20	15	4	1	68	48	31				
Phoenix	19	13	4	2	63	58	28				
San Jose	18	11	2	5	66	43	27				
Vancouver	20	11	7	2	54	54	24				
Los Angeles	18	11	6	1	52	44	23				
Calgary	18	6	9	3	49	64	15				
Edmonton	19	4	13	2	48	75	10				
Note: Two poin	Note: Two points for a win, one point for										
overtime loss											

Thursday's games — All Times Eastern Los Angeles at NY Islanders, 7 p.m. Columbus at Boston, 7 p.m. Anaheim at Tampa Bay, 7:30 p.m. Phoenix at Chicago, 8 p.m. Colorado at St. Louis, 8 p.m. Dallas at Calgary, 9 p.m. San Jose at Vancouver, 10 p.m. Friday's games

Anaheim at Carolina, 7 p.m. Los Angeles at New Jersey, 7 p.m. Nashville at Pittsburgh, 7 p.m. Montreal at Columbus, 7 p.m. Toronto at Buffalo, 7 n n Washington at Detroit, 7:30 p.m Boston at Ottawa, 7:30 p.m. Florida at Minnesota, 8 p.m. Philadelphia at Winnipeg, 8 p.m. San Jose at Edmonton, 10 p.m.

#### **CFL PLAYOFFS**

#### **DIVISION FINALS**

Sunday's games — All times Eastern Hamilton vs. Toronto, 1 p.m. Saskatchewan vs. Calgary, 4:30 p.m.

#### **GREY CUP**

Sunday, Nov. 24 East champion vs. West champion, 6 p.m.

#### NFL

Thursday's game — All times Eastern Indianapolis at Tennessee, 8:25 p.m. Sunday's games

Baltimore at Chicago, 1 p.m. Arizona at Jacksonville, 1 p.m. Detroit at Pittsburgh, 1 p.m. Oakland at Houston, 1 p.m. N.Y. Jets at Buffalo, 1 p.m. Cleveland at Cincinnati, 1 p.m. Washington at Philadelphia, 1 p.m Atlanta at Tampa Bay, 1 p.m. San Diego at Miami, 4:05 p.m San Francisco at New Orleans, 4:25 p.m. Green Bay at N.Y. Giants, 4:25 p.m Minnesota at Seattle, 4:25 p.m. Kansas City at Denver, 8:30 p.m. Monday, Nov. 18 New England at Carolina, 8:40 p.m

#### **NBA**

Wednesday's results Philadelphia 123 Houston 117 Orlando 94 Milwaukee 91 Charlotte 89 Boston 83 Toronto 103 Memphis 87 Minnesota 124 Cleveland 95 New York 95 Atlanta 91 San Antonio 92 Washington 79 L.A. Lakers at Denver New Orleans at Utah Brooklyn at Sacramento Phoenix at Portland Oklahoma City at L.A. Clippers

Tuesday's results Miami 118 Milwaukee 95 Dallas 105 Washington 95 Golden State 113 Detroit 95 L.A. Lakers 116 New Orleans 95

Houston at New York, 8 p.m. Oklahoma City at Golden State, 10:30 p.m. Friday's games Chicago at Toronto, 7 p.m.

Milwaukee at Indiana, 7 p.m. Portland at Boston, 7:30 p.m. Dallas at Miami, 7:30 p.m. Charlotte at Cleveland, 7:30 p.m. Philadelphia at Atlanta, 7:30 p.m. Minnesota at Denver, 8 p.m. Brooklyn at Phoenix, 9 p.m. San Antonio at Utah, 9 p.m Detroit at Sacramento, 10:30 p.m. Memphis at L.A. Lakers, 10:30 p.m.

#### We're pumped! Non-stop flights from Calgary to Fort St. John.

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\*Book by November 20, 2013 [11:59 p.m. MT] for travel on Tuesdays, Wednesdays, Thursdays and Saturdays until December 17, 2013. Fares on other days may be higher. Advertised price is based on non-stop flights. Advertised fares only apply to flights marketed and operated wholly by WestJet, and are not applicable when travelling with our code share, interline or other airline partners. Fuel surcharge between \$22 - \$45 per direction still applies to Air Miles™ redemption bookings. Seats at these fares are limited and may not be available on all flights. New bookings only. Non-refundable. Advance purchase required. Flights may not operate on certain days. All fares shown are one-way. Air transportation charges: Base Fare: \$99, Other Air Transportation Charges \$18. Taxes, fees and charges: Goods and Services Tax \$7.71, Air Travellers Security Charge \$7.12, Airport Improvement Fee \$30. Operated by WestJet Encore Ltd. Bombardier Q400 NextGen aircraft.

piece

Canada

cloud

cover

move

32. Soaks

Scotia's cap.

35. Bandmate to

Anthony Kiedis

36. Make the kayak

40. Gibraltar, e.g.

43. Misrepresent

46. Ms. Nielsen of

"Gladiator" (2000)

47. Showed disap-

41. Near, fancy-style

24. Bagpiper's outfit

28. 'The Science Guy',

29. Practical jokes

31. Astronomy's

33. Decorative pillow

34. Nickname of Nova

30. Survey of

## See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

19

40

44

66

22

#### T Aries March 21 - April 20

You won't hesitate to criticize today if you believe that someone is behaving in a way that is unfair. Like your opposite sign of Libra you have a finely tuned sense of iustice

#### **Taurus** April 21 - May 21

One little thing you do today could change a thousand things over the course of the next few months, so think carefully about ways you can make a difference and then act decisively.

#### II Gemini May 22 - June 21

There is no reason at all why you should not be taking risks that can benefit you personally.

#### **9** Cancer June 22 - July 23

Times may be tough but you are tough enough to face them and make something good of them.

#### $\Omega$ Leo July 24 - Aug. 23

Try not to give loved ones the impression that you don't care what they are up to. It may only be an act on your part but if they feel you have no interest in what they are doing it will dampen their enthusiasm. Back them up.

#### **M** Virgo Aug. 24 - Sept. 23

There is no point making threats or promises because they simply won't work - and the reason they won't work is because you have made them before and done nothing. It seems like your credibility needs a bit of work.

#### **△** Libra Sept. 24 - Oct. 23

38

Get out into the world and have some fun. Whatever your troubles may be at the moment you won't make them better by worrying.

#### **M** Scorpio

Oct. 24 - Nov. 22

Whatever else you do today don't keep score. Life is not a contest to be won or lost but a game to be enjoyed and the planets indicate you will enjoy it so much more if you loosen up and forget about the rules for a while.

#### **プ Sagittarius** Nov. 23 - Dec. 21

You may want to help a friend in need but you also realize that they must learn from their own mistakes.

#### り Capricorn Dec. 22 - Jan. 20

The future is not something you should be looking forward to and planning for - the future is here and now.

#### Jan. 21 - Feb. 19

You can go where you want to go and do what you want to do – no one will stop you - but before you pack your bags and head for the horizon you must take care of an unresolved relationship issue. A simple "sorry" should be

#### **)(Pisces**

enough.

Feb. 20 - March 20

If a friend has let you down you don't have to make an issue of it. According to the planets they did not do it on purpose and are actually quite embarrassed, so let it go and let them make it up to you in their own way and time. SALLY BROMPTON

#### Crossword: Canada Across and Down

20

23

42

45

84

#### Across

1. "The Mutiny" (1954) 6. Conned

9. Scale

14. British car, Martin

15. Poet's 'previously' 16. Golden '60s song,

for example 17. Canadian-in-

vented Trivial Pursuit, for one: 2 wds. 19. Wheezing noises

20. Prince Valiant's son 21. Nature government agency, \_\_\_

Canada 23. Info given secretly

to the press 25. 'Yes' on a yacht

26. Pastureland 27. Dryer's fluff

29. New \_\_\_, Nova Scotia

33. In a bashful way

35. Scuffle 37. Fair-hiring letters

38. Urgency

39. Fireplace fixture 40. Breath whilst laughing

42. Keyboard key

43. Stitches 44. Places at a slant

45. Badgley \_\_ (American fashion design duo)

48. Jason's craft 49. French for 'Goose'

50. Corny place

52. Elevs. 55. Bird found across Canada listed as 'threatened' on the Species at Risk Public Registry: 2 wds. 60. Smashing

Pumpkins co-founder, James 61. Horseback rider's

straps 62. Natural \_\_ Canada

64. Bandleader Mr.

Shaw

65. Big Apple toy store, Schwarz

65

66. Glides like a bird 67. Slept a bit 68. RR depot

69. Alvin \_\_ American Dance Theater

#### Down

1. Secretly conspiring

group 2. "Oh, don't be \_ \_\_ loser!"

3. Pros in a Computer

Dept., 4. Neither's partner

5. The Neverending Story author, Michael

6. Music genre, with Metal

7. Hollywood's Mr.

Hammer 8. Red \_\_\_, Alberta

9. Eye part 10. Andean animals

11. Still

12. Demeanor 13. Trump

18. Bug variety

22. Brit singer Mr. Murs

proval as a cat 48. Peek- -50. Sports shoe's slip stopper 51. Elisabeth Moss' role on "Mad Men",

Peggy \_\_ 53. "Ta-da!"

54. Flip

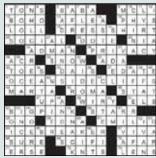
55. Mr. Pitt 56. Bubbly bar

57. Glamour

58. Pet store sounds! 59. 1970 Paul New-

man movie about a radio station

63. French sovereign



BT BREAKFAST TELEVISION

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

3	9	4	1	2	5	7	6	8
6	8	2	9	3	7	1	4	5
7	1	5	4	8	6	2	9	3
B	3	1	5	7	9	6	2	4
4	7	9	2	6	8	5	3	1
2	- 5	6	3	4	1	8	7	9
9	2	8	7	1	3	4	5	6
5	6	7	8	9	4	3	1	2
1	4	3	6	5	2	9	-8	7

	5	1					7	
7					3		2	
8			5		7	9		
	1		2	4		8		3
5		3		6			1	
		4	7		2			1
	2		6					9
	7					6	3	

TODAY

MAX: 4°

MIN: -2

FRIDAY

MAX: 3° MIN: -3

(\*)















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